

January 2024



Barnsley Road, Doncaster
DN5 7UB
01302 783939

Dear Parent/Carer,

We would like to outline some key expectations for all Physical Education (PE) lessons.

Dressing Appropriately for Cold Weather

We want to ensure that your child is adequately dressed, especially if their lessons involve outdoor activities. Our indoor spaces can experience fluctuations in temperature, so it's important to be prepared for varying conditions. We request that your child brings a PE kit with suitable layers to keep them warm during lessons. This includes a navy blue/black base layer, the multisport top, the quarter zip top, socks, tracksuit bottoms/leggings (even fleece lined), hats, gloves and appropriate footwear.

Uniform can be purchased from [Ridgewood School \(CU-0004639\) - school \(swischoolwear.co.uk\)](https://www.ridgewood-school.co.uk/school/swischoolwear.co.uk).

Active Engagement in Lessons

We encourage students to take an active role in their Physical Education (PE) lessons. In situations where a student may be unable to participate practically, whether due to injury, health reasons, or any other circumstances, we still value their involvement and engagement.

Students who are unable to take part in practical activities are encouraged to participate in other valuable aspects of the lesson, such as coaching, officiating, or providing support to their peers. Regardless of their level of participation, it is important that all students come to their PE lessons in their PE kit. This ensures that they can transition into any role within the lesson.

Earrings

Students are allowed to wear one small pair of stud earrings to school, however, we are obligated to ensure a safe working environment during PE lessons. Therefore, all earrings must be removed at the start of each PE lesson. We recommend that if your child is planning to have their ears pierced, you schedule this during the 6-week holiday period.

If you have any queries regarding your child's PE lessons, please do not hesitate to contact Mrs Newton via the 'Contact Us' button through the school website.

Yours faithfully

Mrs V Newton
Curriculum Leader - PE



'Prepare for the road ahead'

Respect

Responsibility

Resilience