

# Pearson BTEC Level 3 Health and Social Care National Extended Diploma

## Why study Health and Social Care at The Sixth Form at Ridgewood?

- Studying Health and Social Care Level 3 National Extended Diploma will account for a full-time study programme for students who are intending to go onto further study in a related sector (equivalent to 3 A-Levels).
- It is for students who are interested in learning about health and social care and are keen to work within a specific Health and Social Care sector.
- The qualification supports access to a range of higher education courses around and within the Health and Social sector.
- We are well experienced team made up of specialist teachers from a range of variety of different backgrounds with extensive experience of Health and Social Care related areas.
- We are able to work collaboratively with colleagues from different health and social care settings along with colleagues from universities.

## What topics will I study in this subject and how will they be assessed?

Topic	What this means
Unit 1 – Human Lifespan Development	External assessment written exam, 1 hours 30 minutes. Learners cover physical, intellectual, emotional and social development across the human lifespan, and the factors affecting development and the effects of ageing.
Unit 5 – Meeting Individual Care and Support Needs	Internal assessment coursework. Learners focus on the principles and practicalities that underpin meeting individuals’ care and support needs, which are the foundation of all the care disciplines.
Unit 3- Anatomy and Physiology for Health and Social Care	External assessment written exam, 1 hours 30 minutes. Learners cover the structure, organisation and function of the human body, and anatomical and physiological systems and medical research related to disorders affecting these systems.
Unit 4 – Enquiries into current research in Health and Social Care	This unit is assessed under supervised conditions. Part A is released four weeks before Part B and the time is scheduled for students to carry out and compile notes on their secondary research. Part B is an external three hour exam where students take in their Part A research task to support. Learners explore the methodologies of contemporary research and investigate the implications for health and social care practice and services
Unit 6 – Work Experience in Health and Social Care	Internal assessment coursework with a work placement. Learners explore the benefits of work experience. They carry out and reflect on a period of work experience, and plan for personal and professional development.

Unit 10 – Sociological Perspectives	Internal assessment coursework. Learners study the application of sociological approaches to health and social care, and explore social inequalities, demographic change, and patterns and trends in social groups.
Unit 12 – Supporting individuals with additional needs	Internal assessment coursework. Learners explore the role of health and social care services in providing care and support to individuals with additional needs.
Unit 2 – Working in Health and Social Care	External assessment written exam, 1 hours 30 minutes. Learners explore what it is like to work in the health and social care sector, including the roles and responsibilities of workers and organisations.
Unit 14 Physiological Disorders and their care	Internal assessment coursework. Learners study a range of physiological disorders, how they are diagnosed, appropriate treatment and support, including an exploration of the effect on the body's systems and how they function.
Unit 7 – Principles of safe practice in Health and Social Care	Internal assessment coursework. Learners explore the importance of safe working practices, safeguarding procedures and responding to emergency situations in health and social care settings.
Unit 8 – Promoting public Health	Internal assessment coursework. Learners explore the aims of public health policy and the current approaches to promoting and protecting health and encouraging behaviour change in the population.
Unit 17 – Caring for individuals with dementia	Internal assessment coursework. Learners explore conditions leading to dementia, their causes, symptoms, the effects on individuals and the support required to ensure independence and dignity for individuals.
Unit 19 – Nutritional Health	Internal assessment coursework. Learners explore concepts of nutritional health and influences on dietary intake, and learn how to assess and improve health through nutrition plans for individuals.

### What skills will I need in this subject?

<b>Skill</b>	<b>What this skill involves in this subject</b>
Analysis	Your lessons and independent study work will involve analysis. This means you will be given data and information that you will need to research, and you will be required to write at length about your findings. You will need to give detailed explanations and justify your choices.
Research skills	As part of your coursework you will be expected to use research skills to investigate different areas of health and social care. You will be presented with areas to research, use a variety of sources, and justify their relevance.
Evaluative skills	Students will evaluate the impact and effectiveness of services in meeting the needs of different service users and be expected to make justified recommendations underpinned by health and social care concepts and principles.

## What will my lessons involve?

- We will discuss key terminology and identify areas that you must independently research.
- In theory lessons you will listen to key information about a topic area and create sets of notes to support your coursework or revision for the exam.
- You will conduct independent research using a variety of sources including internet-based health and social care resources, reports, statistical data and websites and the wealth of health and social care books and guides we have available in the Sixth Form.
- A large proportion of lessons will be spent completing coursework in controlled assessment conditions. Some of this time will be spent researching a variety of sources as well as completing extended writing tasks and practical application of skills.
- Some lessons will involve listening to specialist speakers.

## What will my independent study involve?

- In order to gain the highest grades in the exam you must complete at least 1 hour of independent study for every lesson. During these sessions you are expected to produce revision resources that will prepare you for the exams.
- In class you will have identified your gaps in knowledge so it will be clear which areas you need to work on. Examples of this are creating mind maps, creating revision flash cards and self-quizzing.
- You may also have to complete work collaboratively such as completing a group presentation on a given area of the exam.
- For coursework, your independent study will involve research and exploration of areas related to the content and scenarios presented in the assignment brief.

## How do I know this is the right course for me?

- You will be a strong independent learner who can analyse written and numerical information accurately.
- You will relish the challenges of researching, conducting and analysing data.
- You will enjoy working collaboratively and prefer a combination of coursework and exam. One of the challenges is time management as there are lots of deadlines and managing both coursework and exam content at the same time can be difficult. It is important that you plan from the very beginning of the course your independent study time in school and at home so that you have a clear plan of when you will complete work. You will also have lessons with the students completing the extended certificate only and will be studying more than one unit at a time. This can be confusing so a well organised folder and timetable is essential from the start of the course.
- This course is ideal for students who wish to go into a career in the caring profession or pursuing a career in health and social care sector.