

Why study Uniform Services at The Sixth Form at Ridgewood?

Studying Uniform Services at The Sixth Form at Ridgewood offers a comprehensive preparation for careers in uniformed services. This NCFE Level 3 qualification covers essential topics such as mental and physical wellbeing, values and standards, equality, diversity, and inclusion. You'll develop critical thinking, leadership, and communication skills while exploring career opportunities in various uniformed services. The course involves classroom learning, physical training, and practical exercises. You'll create personal development plans, participate in moral dilemma activities, and undergo simulated selection processes. With a focus on both theoretical knowledge and practical skills, this program equips you for a successful future in uniformed services or further education in related fields.

What topics will I study in this subject:

- Topics you will study in this subject:
- Values and standards in uniformed services
- Mental and physical wellbeing
- Equality, diversity, and inclusion
- Leadership skills
- Radicalisation, British values, and standards
- Career opportunities and requirements in uniformed services

What skills will I need in this subject:

- Critical thinking and analysis
- Self-reflection and evaluation
- Physical fitness and ability to develop it
- Leadership and teamwork skills
- Communication skills (verbal and written)
- Research and information gathering

What will my lessons involve?

- Classroom-based/Non- classroom based learning about uniformed services' values, standards, and morals
- Physical training sessions and fitness assessments
- Leadership exercises and team tasks
- Discussions on equality, diversity, and current issues affecting uniformed services
- Moral dilemma activities and group discussions
- Presentations and report writing

What your independent study will involve:

- Researching historical incidents involving uniformed services
- Preparing personal diet and exercise plans
- Keeping a mental wellbeing journal
- Conducting self-assessments on values, morals, and standards
- Studying current events related to radicalisation, extremism, and terrorism
- Developing leadership plans for team tasks

How you will be assessed:

Assessment is 100% coursework

Written reports and presentations on various topics

Practical assessments of physical fitness and exercise plans

Leadership task evaluations and peer reviews

Reflective reports on personal values, morals, and standards

Case studies and research projects

How do I know this is the right course for me?

This course is perfect for students who prefer hands on experiences and would like to gain exposure to the uniform services. The course is vocational and career informed.